

ESKA

European Championships 2021

Switzerland Winterthur



November 26th to 28th, 2021



SWISS KARATEDO RENMEI YUDANSHAKAI
Member of Japan Karate Association
瑞西空手道連盟有段者会



EUROPEAN SHOTOKAN
KARATE-DO ASSOCIATION

Bulletin One, December 2020

Visit us at <https://eska-2021.com/> for all information about the event

Foreword by President of ESKA

Dear friends and colleagues,

As the world emerges from the shadow of COVID and life returns to something approaching normality, ESKA members, their families and supporters can once again look forward to our annual European championships.

On this very important occasion our hosts, the Swiss Karate-do Renmei are organising the championships in the city of Winterthur, Switzerland, a city which can trace its ancestry back to the time of Christ.

This year will mark the 35th ESKA championships and the 3rd time in our organisation's history that Switzerland has organized this event. We once more look forward to experiencing that wonderful combination of generous Swiss hospitality combined with effective organization.

There is every reason to be optimistic about the opportunities to travel and compete in this championships which is taking place from 26 – 28th November 2021. There are two vaccines for COVID 19 that are expected to be available early in 2021 with plans in all European countries for a mass vaccination campaign.

We hope that you will plan so that we can meet in Switzerland next November to enjoy the very best of European Shotokan Karate.

Richard Poole
President European Shotokan Karate-do Association



Foreword by President of Swiss Karate Do Renmei

Dear Friends of Shotokan Karate

All Swiss karatekas warmly welcome you to Winterthur! We are happy and proud to host such an important international karate event. Tommaso Mini and his team have done everything to ensure your stay will be memorable.

Over the course of 728 years, Switzerland has grown into a multi-national community with 4 official languages and numerous religions and ethnic groups. To the visitor, Switzerland might seem full of contrasts, but thanks to a direct democracy, in which every adult citizen is required to take part in one way or another, we have lived in peace for over 150 years. Although Mother Nature did not give us much in the way of natural resources, we were given the great will to fight through poverty - at a time when we were once among the poorest countries in Europe - to become a flourishing economic stronghold today.

As well as innovations, the Swiss love traditions. For example, although our cows are internationally renowned for their robustness and productivity in terms of agriculture, there is actually a lesser known traditional competition in which the cows actually compete against each other to test their strength.

For us Swiss humans, one of the most popular individual sports is called « Schwingen ». The history of this sport goes back to the 13th century and is similar to judo. Strong men, known as the "the baddies", compete in a sawdust ring. The winner is the one who manages to throw his opponent over on his back. During the finals more than 60'000 spectators a day enjoy this competition.

So, given the fighting nature of Swiss traditions, it is no wonder that karate has gained such popularity across the country. More than 20'000 active karatekas are split into several associations, the Swiss Karate Do Renmei (SKR) representing the largest Shotokan association in Switzerland.

We are hoping for exciting, fair and accident-free competition in Winterthur and we hope you go home with great memories.

Swiss Karate Do Renmei



Stephan Läuchli
President Swiss Karate Do Renmei



Foreword by Organising Committee's Chairman

Welcome to the 35th ESKA Shotokan European Championships 2021 in Switzerland

On behalf of the Organizing Committee, I would like to thank the ESKA for the trust they have placed in us. We are very proud to once again organise and host the ESKA European Championships in Switzerland.

Although the restrictions of COVID have not yet completely disappeared from our daily lives, we hope with full confidence that life will return to near normality in 2021.

It's with great pleasure and honour that we welcome the ESKA family to the beautiful city of Winterthur and to experience with you the best of European Shotokan Karate.

Winterthur has everything an excellent host city can provide. The decisive factors in choosing Winterthur were its proximity to Zurich and Zurich Airport as well as offering a fantastic modern sports hall, all of which are easily accessible by public transport.

We wish all the participants and officials great championships and a pleasant, enjoyable stay in beautiful Switzerland.

Tommaso Mini
Chairman of the Organising Committee



Foreword by Mayor of Winterthur

Konnichiwa

Welcome! The city of Winterthur is pleased to host the ESKA European Championships 2021. As the sixth largest Swiss city and home to nine different karate clubs and schools, the city is ideal as a host. The new AXA-Arena as the central venue, accommodation close to the city centre for every budget and short distances thanks to the good accessibility by the public transport make Winterthur the ideal partner for this major event.

Around 500 top athletes from 30 different European nations fight for titles, fame and honour in Winterthur and offer the local audience as well as the guests who have travelled here a not quite everyday spectacle. Around the organizing committee, a large number of helpers ensure that the athletes, the teams and the visitors have everything. The city of Winterthur honours this commitment as host city and supports the event. You too can support the ESKA European Championships 2021: come by and witness great Japanese martial arts. I am sure: it's worth it.

Michael Künzle
Mayor



Organising Committee ESKA European Championships

Tommaso Mini

Contact: tommaso.mini@eska-2021.com

Chairman of the Organising Committee

Stephan Läubli

Contact: stephan.laeuchli@eska-2021.com

Logistics (transportation & transfers)

André Zuraikat,

Contact: andre.zuraikat@eska-2021.com

Local Manager

Infrastructure (hotels, training facilities)

Bernhard Isenegger,

Stephan Gut

Contact: stephan.gut@eska-2021.com

Marketing – Sponsoring

(ticketing sport hall)

Tobias Roethlisberger

Contact: tobias.roethlisberger@eska-2021.com

Competition table management

(timekeeper - scorekeeper - Sportdata processes at the competition tables, competition table staff)

Daniel Brunner

Contact: daniel.brunner@eska-2021.com

Sport hall (security, facilities)

Christian Mundwiler

Contact: christian.mundwiler@eska-2021.com

Ceremonies

Marc Meienberger

Claudia Mini

Catering

The City of Winterthur Stadt Winterthur

Winterthur is a treasure trove of art, history and nature. The medieval heart of the city is full of life no matter what the time of day. Shops, restaurants, markets and festivals bring the charming Old Town to life and provide a meeting place for locals, visitors and businesspeople alike. Being a city small enough to get around conveniently while also having a big-city atmosphere makes Winterthur a popular destination.



The pedestrian zone in the charming Old Town is considered to be Switzerland's largest. Venerable mansions in and around the Marktgasse, the City Church, the Fisher Maiden's Fountain and the famous Town Hall Passage are great attractions.



Despite its industrial tradition, Winterthur is also a "garden city" with a large number of parks and gardens. There is even a city tour dedicated to "Villas and Gardens". As a matter of fact, 40 percent of the urban area are green areas. Winterthur is recognized as a city with a high quality of life.





The city's delightful environs are home to castles and fortresses set in the woods, in the wine country, and on the Töss and Rhine rivers, and to which the locals have long felt a special relationship. Winterthur is also an ideal base for excursions to the Rhine Falls, Lake Constance and to the nearby metropolis of Zurich.

Hotel guests can use public transport free of charge and visit our popular city tours. You also get discounted entry to museums.

Further information under: <https://www.myswitzerland.com/en-ch/destinations/winterthur/>

Venue

AXA Arena Winterthur – WIN4

The championships will take place in the AXA-Arena, which offers a highly modern infrastructure equipped with a VIP lounge, 2 food boxes and a capacity of almost 2000 spectators.



Grüzefeldstrasse 36, 8400 Winterthur

<https://win-4.ch/en/reservation/axa-arena>

By public transportation:

- From Winterthur main station by taking the S12 or S26 train via the SBB Winterthur Grütze stop (5 minutes). From there, the AXA-Arena can be reached on foot in 8 minutes.
- If you take the bus, the best way to reach the AXA-Arena is to take line 3 to the Scheidegg stop (13 minutes).

By car:

- Approach via motorway connection Oberwinterthur via Frauenfelderstrasse and Seenerstrasse or via connection Winterthur city, out of town via St. Gallerstrasse in the direction of Eishalle/Sportpark Deutweg

All information about how to reach the venue AXA-Arena as well as a **site map** and overview of **parking spaces** is available under: <https://win-4.ch/en/about-us/site-plan>

Warm-up at wintennis

Right behind the AXA-Arena there is a multifunctional training hall that can be used for warm up.



Location of Winterthur, Switzerland



Transportation

Airport transfer from **Zurich Airport** to **Banana City Hotel** can be organized and will be offered against payment. If you are arriving at a different airport, please let us know.

Transport to and from the venue: See below under Accommodation.

Further information will be available at <https://eska-2021.com/> in due time

Accommodation

Headquarters Hotel is Banana City Hotel

Schaffhauserstrasse 8, 8400 Winterthur

Distance to Venue: 2.5 km / 6 min by car / 18 min by public transport



For reservations please visit the [Hotel Booking Platform](#) and select the Banana City Hotel. The platform is available in English and German. Rooms are available from 210 CHF per night for a double or twin room. To benefit from a 10 to 15% discount, please remember to indicate the code **eska2021** when you book your room (applicable to all hotels listed on the platform).

Please note: **transport** to and from the venue will be offered only for guests staying at the headquarters hotel (complementary if you book the airport transfer), so this is where you will want to stay for convenience. With a total of 100 rooms, there should be plenty of rooms available. Just make sure you book early. If for any reason you would prefer to stay somewhere else, you can find more options on the Hotel Booking Platform (see Link above).

Tournament information

Schedule of activities

Wednesday 24th November

Judging Committee Meeting	09.00 – 11.00
Referee course Signs/signals, behaviour, essentials, recording, video clips	12.00 – 17.00
Technical committee meeting	18.00 – 19.00

Thursday 25th November

Executive Board Meeting	09.00 – 11.30
Coaches Meeting	14.00 – 15.00
Kata Standardisation Training	17.00 – 19.00

Friday 26th November

Referee course examination Results	09.00 – 10.00
Congress	09.00 – 11.30
Referee alignment meeting	11.30 – 12.00

Championships:

Friday 26 th November	13.30 Cadets event
Saturday 27 th November	09.00 Youths and Juniors event
Sunday 28 th November	09.00 Seniors event

Categories

Youths: 14 to 15 years (age on the day of the competition)

- - Female Youth Individual Kata (4 per country)
- - Female Youth Individual Kumite (4 per country)
- - Male Youth Individual Kata (4 per country)
- - Male Youth Individual Kumite (4 per country)

Note: Youths can participate in Cadet kata categories

Cadets 16 to 17 years (age on the day of the competition)

- - Female Cadet Individual Kata (4 per country)
- - Female Cadet Individual Kumite (4 per country)
- - Female Cadet Team Kumite (3x competitors)
- - Male Cadet Individual Kata (4 per country)
- - Male Cadet Individual Kumite (4 per country)
- - Male Cadet Team Kumite (3x competitors)

Note: Cadets can participate in Junior Kumite categories

Juniors 18 to 20 years (age on the day of the competition)

- - Female Junior Individual Kata (4 per country)
- - Female Junior Individual Kumite (4 per country)
- - Female Junior Team Kumite (3x competitors)
- - Male Junior Individual Kata (4 per country)
- - Male Junior Individual Kumite (4 per country)
- - Male Junior Team Kumite (3x competitors)

Note: Juniors can participate in Senior categories

Seniors from 21 years (age on the day of the competition)

- - Female Individual Kata (4 per country)
- - Female Individual Kumite (4 per country)
- - Female Team Kata (3x competitors)
- - Female Team Kumite (3x competitors)
- - Male Individual Kata (4 per country)
- - Male Individual Kumite (6 per country)
- - Male Team Kata (3x competitors)
- - Male Team Kumite (5x competitors)

Kata team categories – Female and Male

- Juniors: from 14 up to 20 years (age on day of competition – 3 x competitors)
- Seniors: from 16 years (age on day of competition – 3 x competitors)

Registration

Please register your competitors, referees, coaches, officials on the Sportdata website:
<https://www.sportdata.org/karate/set-online/>

The registration will be open as of summer 2021.

Visa information

No visa required for residents of the Schengen Area

For further information regarding entry into Switzerland and visa requirements please visit:
<https://www.eda.admin.ch/eda/en/home/entry-switzerland-residence.html>

Currency and Exchange Rates

The currency in Switzerland is Swiss Francs (CHF)

- 1 EUR is approximately equal to 1.10 CHF (as of November 25th, 2020)
- 1 GBP is approximately equal to 1.20 CHF (as of November 25th, 2020)

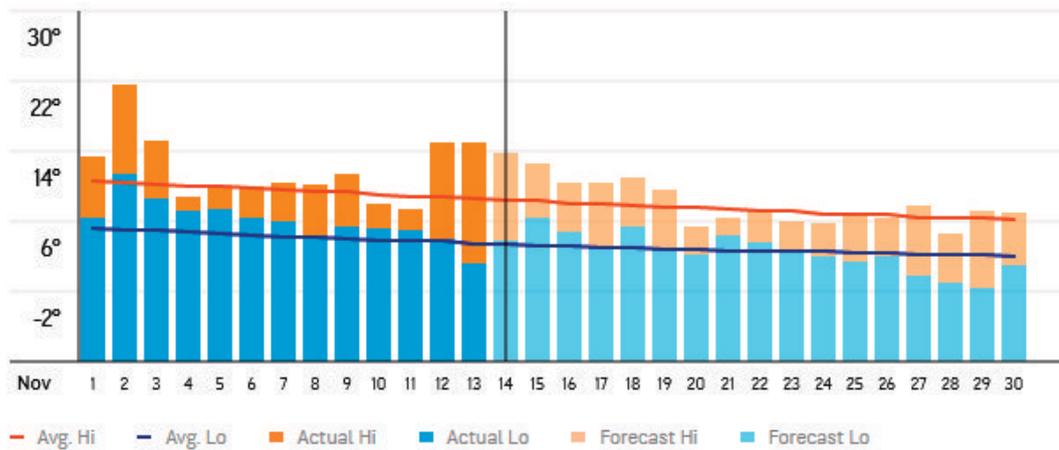
Up-to-date rates can be checked at
<https://www.six-group.com> (or simply google it)

Weather

Towards the End of November, temperatures usually drop, especially during the night and may go below 0°C. During the day the average temperature is between 5°C and 10°.

TEMPERATURE GRAPH

°C



Source: <https://www.accuweather.com/en/ch/winterthur/316623/november-weather/316623?year=2020>

Power sockets



230 V / 50Hz

Switzerland has special power sockets. Please check compatibility of your plugs or bring an adapter to charge your devices. You can also usually buy an adapter at the airport.

The flat, two-pole **Europlug** is compatible and works with Swiss sockets (no adapter needed).



Contact

Should you have any questions please contact:

andre.zuraikat@eska-2021.com

What else to do in Switzerland?

- Visit Zurich: The cosmopolitan city by the water combines creative urban life with nature in all its glory. Zurich is abuzz with activity day and night with its countless events, diverse museums, own food festival and Switzerland's most vibrant nightlife. And if you're after rest and relaxation, you can be in the Swiss mountains in less than an hour. Further information under: <https://www.myswitzerland.com/en-ch/destinations/zurich/>
- Also definitely worth a visit: Jungfrauoch, Top of Europe, at 3454 meters above sea level (www.jungfrau.ch) or the Rheinfalls (www.rheinfall.ch).